



chakradance™ KIDS

KINDY FACILITATOR COURSE PROSPECTUS

**Support children's wellbeing while creating
a soul-aligned business you love.**



PREMIER
TRAINING PROVIDER
INTERNATIONAL INSTITUTE FOR
COMPLEMENTARY THERAPISTS



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Welcome!



Dear Future Facilitator,

If you feel called to help children grow in confidence, emotional resilience, and self-awareness, while building a business that lights you up, this training is for you.

The Chakradance™ Kids Kindy Facilitator Training gives you the skills, resources, and support to deliver magical, movement-based wellbeing programs for children aged 3–6.

You will learn to blend music, storytelling, and creative movement to nurture the whole child, body, mind, and spirit, while creating a flexible and fulfilling career.



Is this you?



Introducing a unique opportunity to inspire and engage young minds through movement and creativity.

This program is perfect for those who want to combine their passion for teaching with innovative approaches to children's wellness and education.

Perfect for:

- Kids' yoga and movement teachers
- Pre-School educators and counselors
- Holistic practitioners and creative arts therapists
- Conscious parents and carers

No dance experience required, just a love for working with children and a desire to make a difference.

"My heart is filled with gratitude and appreciation for you. Thank you for the abundant amounts of love, kindness and support you've given me throughout the process. You have and are a gift."

- Dana Dietz, Chakradance Kids Facilitator, Australia

What You'll Learn



Over 12 weeks, you'll explore:

- The Chakradance™ Kids philosophy and how it supports whole-child wellbeing.
- Facilitation skills – creative movement, storytelling, meditation, and art.
- Classroom management – positive strategies for behaviour and engagement.
- Chakra-based learning – teaching energy awareness in playful, age-appropriate ways.
- Program delivery – running live and online group classes and private sessions.
- Business foundations – marketing, enrolment, and building your community.



Being on this journey has been warm, deep and magic. And the topping/cherry on the cake is the response from the little ones who joined my demo. All of them are still asking mum and dad when they can dance again. Thank you Anna Kelly for sharing this amazing journey so I can be an inspirations to lots of children.

~ Christa Bruijning, Netherlands

What's Included in the Training



Step Into the Realms of Learning and Magic

Your Kindy Facilitator Training is designed to be immersive, practical, and deeply inspiring.

You will journey through nine core training realms, each one rich with:

- Video lessons to guide your learning step-by-step
- Guided MP3s to help you experience the practices for yourself
- Workbooks bursting with content, activities, and creative magic you can bring to life in your own way

You'll also have access to our private Facebook training group, where you can connect with your fellow trainees, share insights, and receive ongoing support.

Every week, you'll join a live 1-hour Zoom session with Founder and Trainer Anna Kelly, co-creator of Chakradance™ Kids, learning directly from the expert in children's facilitation.

These sessions are an opportunity to ask questions, deepen your understanding, and receive guidance from someone who has brought this modality to life with children around the world.



Training Structure



Your Kindy Facilitator Training blends self-paced learning with live, interactive support to create an experience that is both flexible and deeply connected.

Each week, you will:

- Step into a new training realm with fresh resources to explore
- Join a live 1-hour Zoom session to dive deeper and receive personalised guidance
- Connect with peers in our private Facebook training group for encouragement and inspiration

At a glance:

- Format: Online learning portal + weekly live Zoom calls
- Length: 9 realms, completed over approximately 12 weeks
- Time commitment: Around 4 hours per week
- Completion: Submit a recorded class to gain certification
- Support: Ongoing access to founders and your training group throughout the journey



Core Topics You'll Explore



Your training covers a rich blend of creative, practical, and developmental skills. Each topic is designed to help you grow as a confident facilitator while bringing magical, movement-based wellbeing experiences to life for children.

Delivering the Magic

Discover the core elements you'll bring to life as a Chakradance™ Kids Facilitator, storytelling that sparks imagination, playful free-flow movement, and deeply relaxing meditations. Our approach is unique: no set dance routines, no picture books, just organic journeys that invite children to "let their bodies do the talking."



Creating Your Magic Toolkit

Learn how to craft the magical elements you'll use in every class, from your centrepiece and storybook to your talking stick and class board. You'll discover the unique role each one plays in engaging children's senses and imagination. Just a warning... after this, you may never walk past a craft, thrift, or crystal store without gathering treasures for your toolkit.



"I would highly recommend this program. The children improved their communication skills; developed better listening skills; became more confident; and their imaginations were stimulated."

~ Clare McCarthy, Principal Mayo National School, Ireland



Early Childhood Development

Explore key developmental stages and theories, and discover how Chakradance™ Kids supports the whole child, physically, emotionally, mentally, and spiritually. You'll gain practical insight into how movement, music, and imagination can nurture children's growth in a holistic way.



Classroom Management

Learn positive, practical strategies to keep classes flowing smoothly while supporting children's varied needs. You'll discover how to create a safe, welcoming space, guide group dynamics, and respond with confidence when challenges arise.



Facilitating Live Group Classes

Discover how to prepare for and deliver engaging in-person classes. You'll learn how to set up your space, create a sense of safety and welcome, guide children through the session, and offer thoughtful after-class care.



"Very impressed... an integral part of our students' Early Years experience." ~ John Chiswell, Principal Macclesfield Primary School, Australia





Facilitating Online Group Classes

Learn how to adapt Chakradance™ Kids for a virtual setting using safe, reliable platforms. You'll explore ways to keep children engaged online, modify activities for the digital space, and manage your virtual classroom with ease.



Facilitating Individual Sessions

Discover how to structure one-on-one sessions that are responsive to each child's unique needs. You'll learn how to tune in, adapt activities, and maintain healthy boundaries while creating a nurturing space for personal growth.



Preparing for Final Assessment

Receive clear guidance for your certification submission, including the Intro Class script, step-by-step preparation tips, and how to record and present your class with confidence.



"This time a year ago I embarked on the primary training! It is such a beautiful modality. Now a year later I have primary and kindy done. What a difference a year makes! The stuff of dreams..."

~ Gillian, Founder Colectivo Creativo School, Dominican Republic



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KIDS

Your Training Bonuses



Chakradance™ Kids Business School

A proven heart-centered business program, tailored specifically for Chakradance™ Kids facilitators. You'll receive 7 workbooks packed with practical tools, marketing strategies, and soulful exercises, plus guided audios to clear old blocks and bring your business vision to life. Learn how to connect with your ideal clients, package and price your offerings, and grow your work with confidence – all while staying true to your purpose.



Chakradance™ Daily Practice

A self-care program for adults that deepens your personal connection to the chakras through weekly movement, meditation, and reflection. As you explore each energy centre yourself, you'll gain authentic insight and inspiration to bring more depth and presence to the children you guide.



Accreditation & Recognition



Your training isn't just inspiring and transformative, it's also recognised for its quality and professionalism worldwide.



ACER Wellbeing Programs Guide

Chakradance™ Kids is listed on the prestigious ACER Wellbeing Programs Guide, a trusted resource for educational and developmental programs that support children's mental health and holistic growth.



International Institute for Complementary Therapists (IICT)

Our training meets global standards for professionalism and integrity, and on successful completion you'll be eligible to join IICT as a recognised practitioner in select countries.



CPD Global Accreditation

Your training is accredited for 70 Continuing Professional Development (CPD) hours, giving you internationally recognised professional development points upon successful certification.

"Such a magical program that really speaks to children! The stories are so meaningful and the music is out of this world amazing, the kids just love sharing moving and discovering themselves."

~ Olivia, Chakradance Kids Facilitator / Primary Teacher Australia



Your Next Steps



You've explored what the Chakradance™ Kids Kindy Facilitator Training offers, now it's time to take the first step toward creating a career that inspires you and transforms children's lives.

1. Experience the Magic

Join our free Discovery Event to meet your trainer live, experience a taste of the program, and ask any questions you may have.

2. Secure Your Place

When you feel ready, complete your enrolment and begin your journey as a future facilitator. We'll guide you through each step so you feel supported from day one.

3. Begin Your Adventure

Once your training begins, you'll receive everything you need to start learning, growing, and preparing for your own magical classes.

"Thank you Anna and Natalie for your wisdom, friendship and connection. I feel so honoured to be delivering this magic to as many children as I can."

~ Mary Diamond, Chakradance Kids Facilitator, Australia

Your Invitation...



If this is your calling, you'll feel it in your heart.

You might notice a spark of excitement every time you imagine yourself guiding a room full of children... or a quiet knowing that this work is exactly what you were meant to do.

Becoming a Chakradance™ Kids Facilitator isn't just about learning a program. It's about stepping into a role that will fill your heart, challenge you to grow, and give you the joy of witnessing children shine in ways they never have before.

We believe that when you say yes to this journey, you're saying yes to more than a career. You're saying yes to a path of purpose, creativity, and deep human connection, one that ripples out to touch countless young lives.

If you feel the call, trust it. We'll be here to guide, support, and celebrate you every step of the way.

With warmth and magic,

Anna & Natalie xx



Take Your Next Step



 **Learn More & Register:**

chakradancekids.com/kindy-training

 **Questions? We'd love to hear from you!**

Email Us:

info@chakradancekids.com

